**CYLCH MEITHRIN GRANGETOWN A’R BAE**

**POLISI YMWYBYDDIAETH AMGYLCHEDDOL A CHYNALADWYEDD**

Bydd **Cylch Meithrin** Grangetown a’r Bae yn dilyn y polisi hwn a’i addasu yn ôl yr angen a’i adolygu yn flynyddol.

Bydd **Arweinydd Cylch Meithrin** Grangetown a’r Bae yn sicrhau fod pob aelod o staff yn deall y polisi hwn.

Bydd **Cylch Meithrin** Grangetown a’r Bae yn sicrhau bod rhieni a gofalwyr yn gwybod am y polisi hwn trwy gymryd y camau canlynol:

(Nodwch sut byddwch yn rhannu’r wybodaeth yma. e.e. Rhoi’r polisi ar wefan y Cylch Meithrin; rhoi’r polisi mewn llawlyfr i rieni / /gwarchodwyr / gofalwyr / awdurdod lleol; rhoi copi o’r polisi mewn cyntedd neu fan ble gall pobl ei weld; tynnu sylw rhieni, gofalwyr a gwarchodwyr at y polisi mewn nosweithiau / boreau i rieni. Nid yw’r rhestr hon yn gyflawn.)

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2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADOLYGWYD GAN DYDDIAD**

(Enw) (Llofnod) (Pryd)

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*(Awgrymir eich bod yn adolygu eich polisi yn flynyddol a hysbysu AGC, lle bo hynny’n briodol, os ydych wedi gwneud newidiadau iddo.)*

**CYLCH MEITHRIN GRANGETOWN A’R BAE**

# **ENVIRONMENTAL AWARENESS AND SUSTAINABILITY POLICY**

**Cylch Meithrin** Grangetown a’r Bae follows this policy, reviews it annually and updates it as required.

The **leader / manager** of **Cylch Meithrin** Grangetown a’r Bae will ensure that every member of staff understands this policy.

**Cylch Meithrin** Grangetown a’r Bae will ensure that parents and carers are aware of this policy by taking the following steps:

(Note how you will share this information. e.g. Policy will be placed on the Cylch Meithrin website; Policy to be given in a handbook to parents / guardians / carers / local authority; place policy in the entrance or where people are able to view it; draw the attention of parents, guardians and carers to the policy during parents evenings / mornings. This list is not exhaustive.)

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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**REVIEWED BY DATE**

(Name) (Signature) (Date)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*(It is suggested that you review your policy annually and notify CIW of any changes you make.)*

**CYLCH MEITHRIN GRANGETOWN A’R BAE**

**POLISI YMWYBYDDIAETH AMGYLCHEDDOL A CHYNALADWYEDD**

**Cefndir**

Mae’r Cylch Meithrin yn ymrwymo i hyrwyddo amgylchedd diogel ac ysgogol sydd yn cydnabod pwysigrwydd gofalu am amgylchoedd tu fewn a thu allan i’r lleoliad. Mae’r Cylch Meithrin yn ceisio sicrhau bod ei holl weithgareddau yn cael yr effaith lleiaf posibl ar yr amgylchedd. Bydd y Cylch Meithrin yn cydymffurfio’n llawn gyda phob deddfwriaeth amgylcheddol sy’n berthnasol i’r lleoliad, ac yn cydweithredu’n llawn gyda’r holl awdurdodau gorfodi ac asiantaethau cynllunio’r Llywodraeth yn ôl yr angen.

**Hawliau Plant**

Mae sicrhau amgylchedd sydd yn hyrwyddo amgylchedd diogel ac ysgogol sydd yn cydnabod pwysigrwydd gofalu am yr amgylchedd yn rhan o sicrhau fod y **Feithrinfa** yn parchu hawliau plant sydd yng Nghonfensiwn y Cenhedloedd Unedig ar Hawliau Plant, ac yn benodol:

Erthygl 5: Dylai llywodraethau barchu hawliau a chyfrifoldebau teuluoedd i gyfeirio ac arwain eu plant fel eu bod, wrth dyfu, yn dysgu sut i ddefnyddio’u hawliau’n briodol.

Erthygl 27: Mae gan blant yr hawl i safon bywyd sy’n ddigon da i ymateb i’w hanghenion corfforol a meddyliol.

**Cod Ymarfer**

Bydd y **Person Cofrestredig / Unigolyn Cyfrifol / Pwyllgor Rheoli** yn sicrhau bod y polisi’n cael ei weithredu ac yn dirprwyo’r cyfrifoldeb i’r **Arweinydd** am weithredu’r polisi o ddydd i ddydd. Rhaid i bob aelod o staff gadw at, a hwyluso gweithredu’r polisi. Bydd yr **Arweinydd** yn sicrhau bod pob aelod o staff, rhieni / gofalwyr, gwirfoddolwyr, myfyrwyr ar leoliad gwaith a chontractwyr yn ymwybodol o’r polisi ac

**CYLCH MEITHRIN GRANGETOWN A’R BAE**

# **ENVIRONMENTAL AWARENESS AND SUSTAINABILITY POLICY**

**Background**

The Cylch Meithrin is committed to promoting a safe and stimulating environment which acknowledges the importance of looking after the environment, both inside and outside of the setting. The Cylch Meithrin attempts to ensure that all of our activities have minimal environmental impact. The Cylch Meithrin will fully comply with all environmental legislation relevant to the setting, and will cooperate fully with all the Government’s enforcement authorities and planning agencies, as required.

**Children’s Rights**

Ensuring a safe and stimulating environment which acknowledges the importance of caring for the environment is part of ensuring that the Cylch Meithrin respects the rights of the child under the United Nations Convention on the Rights of the Child, specifically:

Article 5: Governments should respect the rights and responsibilities of families to direct and guide their children so that, as they grow, they learn to use their rights properly.

Article 27: Children have a right to a standard of living that is good enough to meet their physical and mental needs.

**CODE OF PRACTICE**

The **Registered Person / Responsible Individual / Voluntary Management Committee** will ensure that the policy is implemented, and will delegate responsibility for day-to-day implementation to the **Leader**. Each member of staff must keep to and facilitate the implementation of the policy.

o’u cyfrifoldebau i weithredu’r polisi. Bydd yr **Arweinydd** yn sicrhau hefyd fod pob aelod o staff newydd yn derbyn copi o’r polisi yn ystod yr hyfforddiant anwytho.

**Nod ac Amcanion**

Nod y Cylch Meithrin yw cynorthwyo’r plant i ddysgu sut i ofalu am a gwarchod eu hamgylchedd. Mae’r Cylch Meithrin yn ymrwymo i hyrwyddo amgylchedd diogel ac ysgogol sydd yn cydnabod pwysigrwydd gofalu am amgylchoedd tu fewn a thu allan i’r lleoliad.

Bydd y Cylch Meithrin yn:

* manteisio ar gyfleoedd priodol, lleol i ddatblygu sgiliau a dealltwriaeth staff o egwyddorion ymwybyddiaeth amgylcheddol a chynaladwyedd.
* gweithredu egwyddorion y *Cynllun Cyn-Ysgol Iach*.
* hyrwyddo ac annog y plant a’u teuluoedd i ystyried y 5 cam i fywyd cynaliadwy: LLEIHAU - AIL-DDEFNYDDIO - AILGYLCHU - TRWSIO - PARCH.
* sicrhau bod staff y Cylch Meithrin yn fodelau rôl bositif e.e. drwy ailgylchu, diffodd goleuadau ac ail-ddefnyddio papur lle bo hynny’n briodol.

**Profiadau Dysgu’r Plant**

Bydd y Cylch Meithrin yn datblygu dealltwriaeth y plant mewn gweithgareddau ysgogol drwy:

* cyd-weithio gyda’r plant i gynllunio gweithgareddau sydd yn ysgogi eu chwilfrydedd naturiol.
* cyflwyno gwybodaeth mewn ffordd sydd yn addas ar gyfer oed a datblygiad y plant.
* defnyddio ystod o weithgareddau, ardaloedd chwarae a themâu’r lleoliad i gyflwyno negeseuon a datblygu dealltwriaeth y plant o’r amgylchedd a chynaladwyedd.
* defnyddio ystod o weithgareddau, ardaloedd chwarae a themâu’r lleoliad i gyflwyno negeseuon a datblygu dealltwriaeth y plant am y byd o’u cwmpas.

The **Leader** will ensure that all members of staff, parents / carers, volunteers, work experience students and contractors are made aware of the policy and their responsibility to implement it. The Leader will ensure that each new staff member receives a copy of the policy during their induction training.

**Aim and Objectives**

The Cylch Meithrin aims to assist children in learning how to care for and protect their environment. The Cylch Meithrin is committed to promoting a safe and stimulating environment which acknowledges the importance of looking after the environment, both inside of the setting and beyond.

The Cylch Meithrin will:

* take advantage of appropriate opportunities available to them locally in order to develop staff skills and awareness of the principles of environmental awareness and sustainability
* implement the principles of the *Health Pre-Schools* Scheme
* encourage the children and their families to consider the 5 steps to a sustainable life: REDUCED-REUSE-RECYCLE-FIX-RESPECT.
* ensure that the staff of the Cylch Meithrin are positive role models e.g. by recycling, switching lights off and reusing paper where appropriate.

**Children’s Learning Experiences**

The Cylch Meithrin will develop children’s understanding through stimulating activities, and will do this by:

* working with children to plan activities which stimulate their natural curiosity
* introduce information in a way that is appropriate for the age and developmental stage of the children
* use a range of activities, play areas and themes in order to introduce messages and develop children’s understanding of the environment and sustainability
* use a range of activities, play areas and themes in order to introduce messages and develop children’s understanding of the world around them
* ystyried y math o ddeunydd a ddefnyddir fel rhan o’r profiadau dysgu. E.e. oes angen defnyddio gliter / lamineiddio neu alwch eu osgoi? Oes wir angen printio’r taflenni?
* cynllunio gwibdeithiau lleol er mwyn cyflwyno a datblygu gwybodaeth y plant am amgylcheddau gwahanol yn eu cymuned e.e. coetir, traeth, parc natur.
* defnyddio ystod o weithgareddau, ardaloedd chwarae a themâu’r lleoliad i gyflwyno gwybodaeth a datblygu dealltwriaeth y plant o ofalu am bethau byw. E.e. gweithgareddau sydd yn annog tyfu a meithrin planhigion a bwyd, bwydo adar, gofalu am anifeiliaid.
* dilyn canllawiau’r **Polisi Ymdrin ag Anifeiliaid** lle bo hynny’n berthnasol.

**Cysylltiadau Cymunedol**

Mae’r Cylch Meithrin yn ymrwymo i wella ansawdd bywyd y plant a’r gymuned leol.

Bydd y Cylch Meithrin yn:

* manteisio ar gyfleoedd i wahodd ymwelwyr i’r lleoliad i drafod eu profiadau e.e. Warden Gwarchodfa Natur, Dyn Sbwriel, Crefftwr lleol.
* manteisio ar gyfleusterau lleol priodol i gyflwyno amrywiaeth o weithgareddau a gwybodaeth i’r plant e.e. canolfan arddio, gardd gymunedol, coetir.
* cymryd rhan mewn digwyddiadau / gwyliau lleol sy’n hybu materion amgylcheddol.
* annog rhieni ac aelodau eraill o’r gymuned i gyfrannu elfennau o’u diddordebau / arbenigeddau i weithgareddau’r lleoliad.

**Dinasyddiaeth**

Mae’r Cylch Meithrin yn ymrwymo i gynorthwyo staff a phlant i ddeall eu hawliau a’u cyfrifoldebau fel dinasyddion lleol ac o’r byd, ac i ddatblygu parch tuag at hawliau a chyfrifoldebau eraill. Bydd y Cylch Meithrin yn ymdrechu i gyflwyno gwybodaeth a

* consider the types of materials used as part of the learning experiences, e.g. can we avoid using glitter or laminating? Do we really need to print these materials?
* plan local trips to introduce children to different environments within their community and develop their understanding of these areas, e.g. woodland, beach, nature reserve.
* use a range of activities, play areas and themes in order to introduce messages and develop children’s understanding of how to care for living things, e.g. activities which encourage the planting and nurturing of plants and crops, feeding birds and caring for animals.
* follow the **Animal Handing Policy** where applicable.

**Community Links**

The Cylch Meithrin is committed to improving quality of life, both for its children and the local community.

The Cylch Meithrin will:

* take advantage of opportunities to invite visitors to the setting to discuss their experiences, e.g. Nature Reserve Warden, Bin Man, local Craftspeople.
* take advantage of local resources to introduce a range of activities and information to the children, e.g. by visiting a garden centre, community garden or woodland.
* participate in community activities / festivals which promote environmental matters.
* encourage parents and other members of the community to share elements of their interests / expertise to the setting’s activities.

**Citizenship**

The Cylch Meithrin is committed to assisting staff and children in understanding their rights and responsibilities as citizens, both as local citizens and citizens of the world, and to developing respect towards others’ rights and responsibilities. The Cylch Meithrin will endeavour to introduce information and develop an understanding of the

datblygu dealltwriaeth am y byd o’n cwmpas, y bobl sy’n byw ynddi a pherthynas yr unigolyn gyda’r amgylchfyd.

Bydd y Cylch Meithrin yn:

* defnyddio ystod o weithgareddau, ardaloedd chwarae a themâu’r lleoliad i gyflwyno negeseuon a datblygu dealltwriaeth y plant o’u hawliau a’u cyfrifoldebau.
* sicrhau bod amrywiaeth o adnoddau cyfrwng Cymraeg sydd yn cyflwyno negeseuon a datblygu dealltwriaeth y plant i’r plant e.e. jig-so, teganau, llyfrau.
* hyrwyddo a chefnogi amrywiaeth o ddiwrnodau lleol a chenedlaethol sydd yn hyrwyddo ymwybyddiaeth amgylcheddol e.e. Pythefnos Masnach Deg, Diwrnod Dwr (22 Mawrth), Diwrnod y Byd (22 Ebrill), Diwrnod Bwyd y Byd (16 Hydref).
* dilyn a gweithredu canllawiau’r **Polisi Di-Fwg*.***

**Ailgylchu a Chynaladwyedd**

Nod y Cylch Meithrin yw annog arferion amgylcheddol gorau, a chodi ymwybyddiaeth y plant a chymuned y Cylch Meithrin am ymgorffori egwyddorion stiwardiaeth amgylcheddol a chynaladwyedd yn ein bywydau pob dydd.

Bydd y Cylch Meithrin yn:

* sicrhau ein bod yn dilyn ac yn gweithredu trefniadau ailgylchu lleol. Bydd y Cylch Meithrin yn annog plant i ddefnyddio’r cynhwysydd cywir ar gyfer unrhyw wastraff.
* defnyddio gwastraff ailgylchadwy ar gyfer gweithgareddau modelu jync.
* defnyddio adnoddau sydd wedi eu hailgylchu neu adnoddau ailgylchadwy lle bo’n ymarferol bosib.
* gweithredu i geisio lleihau gwastraff a gynhyrchir o weithgareddau pob dydd y lleoliad e.e. gwastraff bwyd.

world around us, the people who inhabit it, and the individual’s relationship with the environment.

The Cylch Meithrin will:

* use a range of activities, play areas and themes in the setting to introduce messages and develop the children’s understanding of their rights and responsibilities.
* ensure that there is a variety of Welsh-medium resources introducing messages and developing the children’s understanding, e.g. jig-saw, toys, books.
* promote and support a range of local and national days which promote environmental awareness, e.g. Fair Trade Week, Water Day (22nd March), Earth Day (22 April), World Food Day (16 October).
* follow and implement the **Smoke Free Policy**.

**Recycling and Sustainability**

The Cylch Meithrin aims to encourage best environmental practice, and to raise the children and the Cylch Meithrin community’s awareness of the importance of incorporating the principles of environmental stewardship and sustainability into their everyday lives.

The Cylch Meithrin will:

* ensure that they follow and implement local recycling procedures. The Cylch Meithrin will encourage children to use the correct receptacle for any waste.
* use recyclable waste to make junk models.
* use recycled or recyclable resources whenever practical.
* work to reduce waste from the Cylch’s day to day activities, e.g. food waste.
* choose not to use disposable plates and cups.
* peidio â defnyddio platiau a chwpanau a gaiff eu taflu ar ôl iddynt gael eu defnyddio.
* dilyn trefniadau ailgylchu bwyd yr Awdurdod Lleol / compostio gwastraff bwyd.
* sicrhau bod papur a chardbord yn cael eu hail-ddefnyddio a’u hailgylchu.
* dilyn trefniadau lleol ar gyfer ailgylchu deunyddiau plastig, metal a gwydr.
* annog defnydd dulliau teithio cynaliadwy gan staff a rhieni.
* defnyddio dulliau electroneg (e.e. e-bost) i gyfathrebu gyda staff a rhieni lle bo hynny’n ymarferol bosib.
* defnyddio labeli / posteri priodol i atgoffa staff, plant ac ymwelwyr eraill i’r lleoliad i ddiffodd goleuadau a chau’r tap yn y lleoliad.
* ymchwilio i a manteisio ar gyfleoedd i ailgylchu adnoddau eraill yn yr ardal. E.e. ailgylchu batris mewn siop / archfarchnad lleol, cyd-weithio gyda cwmni ailgylchu dillad.

**Polisïau Cysylltiedig**

Polisi Byw’n Iach

Polisi Cludo a Throsglwyddo Plant

Polisi Di-Fwg

Polisi Iechyd a Diogelwch

Polisi Ymdrin ag Anifeiliaid

* follow the Local Authority’s instructions on recycling / composting food waste
* ensure that paper and cardboard are reused and recycled
* follow local procedures for recycling glass, metals and plastics
* encourage staff and parents to use sustainable methods of transport
* communicate with parents through electronic means whenever possible
* use labels / posters throughout the setting to remind staff and visitors to turn off the lights and taps.
* research and use other recycling facilities in your area, e.g. recycling batteries through a local shop / supermarket, cooperating with a local textile recycling company.

**Related Policies**

Healthy Living Policy

Transporting and Transferring Children Policy

Smoke-free Policy

Health and Safety Policy

Animal Handling Policy